Close Your Eyes

close your eyes

against even the dimmest light

and i guarantee

you will see inscribed

on the inside of your eyelids

the six-and-a-half billion names of god

reach out

with the aetheric hands of your soul

and for every particle

dancing in the back-

ground radiation of life

you will find connection

go to sleep

knowing

that you are (the) one

of us

who is I

and this